



SCHEDULE

MEN UNDER 23 - ROAD RACE

KM to go	KM	Municipality	Street	Intersections			
				Speed km/h	38	40	42
174.2	0	Montréal	Av. du Parc	Start	9:00	9:00	9:00
174.05	0.15	Montréal	Av. du Parc	Feed Zones	9:00	9:00	9:00
173.9	0.3	Montréal	Ch. Côte Ste-Catherine	Left Turn	9:00	9:00	9:00
173.7	0.5	Montréal	Boul. Mont-Royal	Left Turn	9:00	9:00	9:00
173.6	0.6	Montréal	Voie Camillien-Houde	Left Turn	9:00	9:00	9:00
172.8	1.4	Montréal	Voie Camillien-Houde	Narrowing, passing right	9:02	9:02	9:02
172.4	1.8	Montréal	Voie Camillien-Houde	Narrowing, passing right	9:02	9:02	9:02
171.4	2.8	Montréal	Ch. Remembrance	Fast descent	9:04	9:04	9:04
170.1	4.1	Montréal	Ch. De la Côte-des-Neiges	Right Turn	9:06	9:06	9:05
169	5.2	Montréal	Av. Gatineau	Right Turn	9:08	9:07	9:07
168.6	5.6	Montréal	Av. Maréchal	Right Turn	9:08	9:08	9:08
168.5	5.7	Montréal	Ch. Decelles	Right Turn	9:09	9:08	9:08
168.2	6	Montréal	Ch. De la Tour	Sharp Left Turn	9:09	9:09	9:08
168	6.2	Montréal	Ch. De la Polytechnique	Left Turn	9:09	9:09	9:08
167.4	6.8	Montréal	Ch. de la Rampe	Speed bump and left turn in fast descent	9:10	9:10	9:09
166.7	7.5	Montréal	Boul. Édouard-Montpetit	Sharp Right Turn in Fast descent	9:11	9:11	9:10
166.5	7.7	Montréal	Boul. Édouard-Montpetit	Beginning of the litter zone	9:12	9:11	9:11
166.3	7.9	Montréal	Boul. Édouard-Montpetit	End of the litter zone	9:12	9:11	9:11
165.8	8.4	Montréal	Av. Vincent-D'Indy	Left Turn	9:13	9:12	9:12
165.7	8.5	Montréal	Av. Vincent-D'Indy	Median strip, passage both sides	9:13	9:12	9:12
165.5	8.7	Montréal	Ch. Côte-Ste-Catherine	Right Turn	9:13	9:13	9:12
164.9	9.3	Montréal	Av. Pagnuelo	Right Turn	9:14	9:13	9:13
164.4	9.8	Montréal	Boul. du Mont-Royal	Left Turn	9:15	9:14	9:14
163.9	10.3	Montréal	Boul. du Mont-Royal	Right Turn	9:16	9:15	9:14
163.8	10.4	Montréal	Boul. du Mont-Royal	Left Turn	9:16	9:15	9:14
163.1	11.1	Montréal	Ave Mont-Royal	Straight	9:17	9:16	9:15
162.9	11.3	Montréal	Ave Mont-Royal	Median strip, passage both sides	9:17	9:16	9:16
162.7	11.5	Montréal	Rue Saint-Urbain	Right Turn	9:18	9:17	9:16
161.7	12.5	Montréal	Ave des Pins	Right Turn	9:19	9:18	9:17
161.4	12.8	Montréal	Av. du Parc	Right Turn	9:20	9:19	9:18
160.8	13.4	Montréal	Av. du Parc	1st crossing finish line	9:21	9:20	9:19
147.4	26.8	Montréal	Av. du Parc	2nd crossing finish line	9:42	9:40	9:38
134	40.2	Montréal	Av. du Parc	3rd crossing finish line	10:03	10:00	9:57
120.6	53.6	Montréal	Av. du Parc	4th crossing finish line	10:24	10:20	10:16
107.2	67	Montréal	Av. du Parc	5th crossing finish line	10:45	10:40	10:35
93.8	80.4	Montréal	Av. du Parc	6th crossing finish line	11:06	11:00	10:54
80.4	93.8	Montréal	Av. du Parc	7th crossing finish line	11:28	11:20	11:14
67	107.2	Montréal	Av. du Parc	8th crossing finish line	11:49	11:40	11:33
53.6	120.6	Montréal	Av. du Parc	9th crossing finish line	12:10	12:00	11:52
40.2	134	Montréal	Av. du Parc	10th crossing finish line	12:31	12:21	12:11
26.8	147.4	Montréal	Av. du Parc	11th crossing finish line	12:52	12:41	12:30
13.4	160.8	Montréal	Av. du Parc	12th crossing finish line	13:13	13:01	12:49
0.15	174.05	Montréal	Av. du Parc	Deviation right on Ave Duluth	13:34	13:21	13:08
0	174.2	Montréal	Av. du Parc	13th crossing finish line : Finish	13:35	13:21	13:08